

Hello LTCAM Members,

On Behalf of Sue Vovchuk, Executive Director of the Long Term Care Association of Manitoba, we are pleased to share some important weekly updates.

Conference 2024 Healing Hearts and Minds:



2024 Healing Hearts & Minds Conference

Join us at the Long Term & Continuing Care Association of Manitoba's Annual Conference:
A Celebration of Mental Health and Mindfulness!

Tuesday, May 14, 2024

The Victoria Inn and Convention Centre - 1808 Wellington Avenue, Winnipeg, MB

Dynamic Speakers & Sessions:

Kickstart: Opening Keynote "Stress Better, Avoid Burnout" with Trish Tutton (Figure 1)

Explore: Concurrent Session 1 "Indigenous Pathways to Wellness" by Christine Vanagas (Figure 2)

Discover: Concurrent Session 2 "Moral Injury in Long-Term Care Staff and Management: Experiences, Mental Health, and Ways of Coping" with Dr. Kristin Reynolds (Figure 3)

Engage: Concurrent Session 3 "Mindfulness in Modern Life" with Trish Tutton (Figure 1)

Inspire: Closing Keynote "Darkness and Hope" by Michael Landsberg (Figure 4)



Figure 1- Trish Tutton

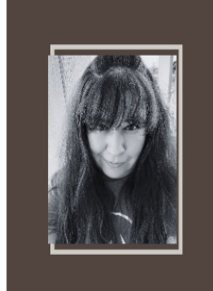


Figure 2 Christine Vanagas



Figure 3 Dr. Kristin Reynolds



Figure 4 Michael Landsberg

Awards of Excellence:

Nominate individuals, teams, and volunteers who demonstrate exceptional dedication and service within the long-term care sector. Deadline: March 31, 2024.

Safety Den:

A Dragon's Den-inspired event: Do you have an idea or innovation that helps prevent workplace injuries and improves the safety and health of long-term care workers?

Pitch your innovative safety ideas! Submissions by March 31, 2024.

Exhibition Hall:

Discover products and services for Manitoba Seniors. Network, learn, and collaborate!

We're excited to inform our esteemed LTCAM members and prospective exhibitors that we're on the countdown to our conference, with only **62 days** left until **May 14, 2024**. This is a reminder to mark your calendars and prepare for this significant event that promises to be a vibrant gathering of professionals and innovators in the long-term care industry. Your participation and contributions are what make this conference a cornerstone event each year. We eagerly anticipate your involvement and the shared insights and advancements we will explore together.

Seize this opportunity to nominate deserving individuals for the Awards of Excellence and to submit your innovative ideas to the Safety Den challenge. There are now **18 days** left until the deadline of **March 31, 2024**. Please submit your entries and nominations today and join us in making this event memorable!

1. **2024 Exhibitors/Sponsorship**

Thank you to our dedicated Members who've registered for the LTCAM Conference on May 14, 2024. **69 of 89 booths** are already claimed. Secure your spot at this transformative event by registering now using the [online form](#). Join us for enriching discussions and networking opportunities. Don't miss out!

2. **2024 Awards of Excellence**

Join us on May 14th as we celebrate outstanding contributions in the long-term care sector through the Awards for Excellence. Visit [here](#) to nominate!

3. **Safety Den - Innovate Workplace Health and Safety**

Calling all innovators! Do you have an idea that can revolutionize workplace health and safety in the long-term care sector? Safety Den welcomes your innovative ideas in two categories: Workplace Safety Innovation and Commercial Safety Innovation. Pitch your ideas to our "Dragons" for a chance to win cash prizes and recognition. Category 1 invites ideas from workplaces providing care and services to seniors, while Category 2 welcomes ideas from organizations. Apply [here](#) and prepare to pitch to our esteemed panel at the conference.

4. **Delegates**

Join the forefront of change and innovation in the long-term care sector by signing up as a delegate for the 2024 Healing Hearts & Minds Conference. This is your opportunity to connect with industry leaders, engage in meaningful discussions, and gain insights into mental health and mindfulness that can transform the way we care for Manitoba Seniors. Secure your spot now and be part of a community dedicated to making a difference! See the attached poster for more details and [register today](#).

Member News

12th Annual Sunday Supper for Jocelyn House Hospice

The 12th Annual Sunday Supper, in support of Jocelyn House Hospice, is scheduled for April 28th at Niakwa Country Club, with Johnston Group as the Title Sponsor. This event, celebrating the

Hospice's 39th anniversary, aims to raise funds for hospice residents, providing clinical, emotional, and spiritual care, along with volunteer assistance, meals, and a comfortable home. Highlights include the sale of Surprise Bags and fundraising through Live and Silent Auctions, with a call for sponsorships and prize donations to support the hospice's operations. For more information see attached.

This Week's News

1. **Manitoba Government Introduces Legislation to Protect Workers Recovering from Illness or Injury**

The Manitoba government is amending the Employment Standards Code to extend unpaid long-term leave for serious illness or injury from 17 to 27 weeks, as announced by Labour and Immigration Minister Malaya Marcelino. This change aligns with federal employment insurance benefits, ensuring Manitoba workers don't have to choose between recovery and financial stability. The amendments follow federal changes to EI, enhancing sickness benefits and leave periods for federally regulated employees. <https://news.gov.mb.ca/news/index.html?item=62318&posted=2024-03-07>

2. **Measles Update**

Manitoba Health officials are emphasizing the importance of staying current with vaccinations to prevent measles, as cases rise globally and in other parts of Canada. No recent cases have been reported in Manitoba since 2019, and the province recommends vaccinations for children at 12 months and between ages four and six. Public health is actively monitoring the situation, providing information to health-care providers, and investigating reported cases to protect public health. <https://news.gov.mb.ca/news/index.html?item=62377&posted=2024-03-08>

3. **"WHY WOULD I COME BACK?": Nurses aren't taking up gov't's plan to return to health care system**

The Manitoba government's initiative to encourage retired nurses to return to the healthcare system is facing resistance from former nurses. Despite the government's efforts to streamline the re-entry process, the Manitoba Nurses Union reports negative feedback, citing concerns over workplace safety, mandatory overtime, and overwhelming workloads. Health Minister Uzoma Asagwara acknowledges these challenges and commits to improving the healthcare work environment and culture. <https://winnipeg.sun.com/news/provincial/why-would-i-come-back-nurses-arent-taking-up-govts-plan-to-return-to-health-care-system>

4. **Manitobans should get up to date on measles vaccinations before travelling, province says**

Manitoba's chief public health officer, Dr. Brent Roussin, urges residents to ensure their measles vaccinations are up-to-date before international travel, given the global rise in measles cases. While Manitoba hasn't confirmed any measles cases, the disease remains highly infectious and serious, particularly for those born after 1970 who may lack immunity. The province recommends that travellers visit their doctor or a travel clinic well in advance of their trip for vaccination advice. <https://www.cbc.ca/news/canada/manitoba/manitoba-measles-update-travel-1.7139234>

5. **Manitoba Government Introduces Legislation to Protect Workers Recovering from Illness or Injury**

The Manitoba government is amending the Employment Standards Code to extend unpaid long-term leave for serious illness or injury to 27 weeks, aligning with the revised federal employment insurance benefits. Announced by Labour and Immigration Minister Malaya Marcelino, this change aims to provide Manitoba workers the necessary time for treatment and recovery without the financial burden of choosing between health and livelihood. <https://news.gov.mb.ca/news/index.html?item=62318&posted=2024-03-07>

6. **Time to invest in team-based care and the training for health professionals who provide it: Team Primary Care Summit**

The Team Primary Care Summit in Ottawa brought together health professionals, educators, and leaders to urge government investment in team-based care and professional training. Highlighting the need for interprofessional collaboration, the Summit stressed transforming primary care training and practice. Drs. Ivy Oandasan and Ivy Lynn Bourgeault emphasized the urgency of moving away from siloed care to collaborative models, underscoring the importance of comprehensive, integrated care for a more sustainable healthcare system.

<https://www.globenewswire.com/news-release/2024/02/28/2837128/0/en/Time-to-invest-in-team-based-care-and-the-training-for-health-professionals-who-provide-it-Team-Primary-Care-Summit.html>

7. **Can you apply for Canada's dental plan? Eligibility rules get update**

Health Canada has updated eligibility rules for the Canadian Dental Care Plan (CDCP), now open to seniors 70 and older, and soon to those aged 65 to 69. Eligibility criteria include lacking existing dental insurance, a family net income below \$90,000, and recent tax filing. Those with employer or organizational dental insurance are ineligible, but opting out of pension benefits with dental coverage could grant eligibility. Over a million seniors have been approved so far, with the plan set to expand to more groups, including disabled adults and children under 18.

<https://globalnews.ca/news/10339377/canada-dental-plan-eligibility-seniors-insurance/>

8. **Health minister 'deeply concerned' about rise of measles cases in Canada**

Health Minister Mark Holland expresses deep concern about the increasing cases of measles in Canada, particularly in Ontario, Quebec, and British Columbia. This resurgence is attributed to vaccine hesitancy and a decline in vaccination rates. The Public Health Agency of Canada (PHAC) stresses the importance of staying up-to-date with measles vaccinations to prevent the spread of this highly contagious disease.

<https://globalnews.ca/news/10333370/measles-canada-mark-holland-deeply-concerned/>

9. **Manitoba Government Introduces Proposed Legislation that would Make Workplaces Safer**

The Manitoba government is introducing Bill 17, a proposed legislation aimed at enhancing workplace safety and health protections. Announced by Labour and Immigration Minister Malaya Marcelino, this bill focuses on reinstating the Advisory Council on Workplace Safety and Health, which was previously repealed in 2018. The council, comprising representatives from various sectors, will advise on occupational health and safety issues and potential legislative changes.

<https://news.gov.mb.ca/news/index.html?item=62438&posted=2024-03-12>

10. **Mental health commission developing audit program around psychological safety at work**

The Mental Health Commission of Canada (MHCC) is developing a Psychological Health and Safety Audit Program with a \$820,000 investment from Employment and Social Development Canada. This initiative, led by MHCC's Opening Minds, will provide evidence-based training for auditors, certify them, and pilot the program with employers to promote psychological health and safety in workplaces. The program aims to create psychologically safer workplaces, more engaged workforces, and healthier communities.

<https://www.hrreporter.com/focus-areas/wellness-mental-health/mental-health-commission-developing-audit-program-around-psychological-safety-at-work/384468>