

## Speaker Profiles

# “Inspiring Those Who Care”

### May 17, 2011

---



#### Nutrition and Hydration in Dementia at End of Life

**Jean Helps, RD**

**Jean Helps** is Regional Clinical Nutrition Manager for Long Term Care within the WRHA. She supports clinical dietitians and sites within the long term care sector, providing resources, education and facilitating development of standards of practice.

---



#### The Importance of Maintaining Oral Health in the Elderly

#### Managing Oral Health in Cognitively Impaired Elderly and Institutional Settings

**Dr. Anthony M. Iacopino**

**Anthony M. Iacopino DMD PhD** completed the prestigious National Institutes of Health – National Institute of Dental and Craniofacial Research (NIH-NIDCR) Dentist/Scientist Training Program in 1991 at the University of Medicine and Dentistry of New Jersey (UMDNJ). As part of this program, he earned his dental specialty certification in Prosthodontics from the UMDNJ New Jersey Dental

School along with a PhD degree in Biochemistry/Molecular Biology from the UMDNJ Graduate School of Biomedical Sciences. Additionally, he completed certificate training in Craniomandibular Disorders and Dental Implantology at the dental school as well as a fellowship in Geriatrics/Gerontology at the UMDNJ School of Osteopathic Medicine through the UMDNJ New Jersey Geriatric Education Center. During his training period, Dr. Iacopino was very active in the field of geriatric dentistry serving as director of the first dental clinic in the United States specifically for patients suffering from Alzheimer's disease, Parkinson's disease, and related dementias at the UMDNJ Robert Wood Johnson Community Mental Health Center. He assumed a leadership role within the dental profession regarding alternative treatment techniques and treatment settings for this patient population.

From 1991 to 1999, he was a faculty member at the Baylor College of Dentistry in Dallas where he maintained a joint appointment in Prosthodontics and Biomedical Sciences distributing his efforts among the clinical, basic science, and research areas. During this time, he became one of the first dental researchers to investigate the connection between oral disease and systemic diseases, focusing on the way periodontal disease changes basic blood biochemistry and immune cell physiology. He is internationally recognized for the initial work on the relationship between periodontal disease, systemic inflammation, and diabetes. In 1999, Dr. Iacopino moved on to the position of Associate Dean for Research and Graduate Studies and Director of the Wisconsin Geriatric Education Center (WGEC) at the Marquette University School of Dentistry in Milwaukee. The WGEC is a federally-sponsored consortium providing interdisciplinary geriatrics/gerontology education to health professionals, paraprofessionals, and the public. In July of 2007, Dr. Iacopino became the Dean of the Faculty of Dentistry at the University of Manitoba in Winnipeg, Canada where he established the first International Centre for Oral-Systemic Health in January of 2008.

Dr. Iacopino has a national/international reputation in dental research and dental education having presented numerous keynote lectures/symposia at meetings for the National Institutes of Health, American Association of Dental Research, American Dental Association, and the American Dental Education Association. He has served on 6 NIH study sections and served as a manuscript reviewer for 32 dental and/or basic science journals. Additionally, he has been a contributing editor/editorial board member for 2 journals and has been a grant reviewer for 7 national/international organizations. He served as the Associate Editor for *Grand Rounds in Oral-Systemic Medicine*, an interprofessional journal dedicated to communicating new scientific information about the oral health-systemic health connection and collaborative practice models to health professionals and the public. Dr. Iacopino has been a consultant and key opinion leader within the dental industry for many years and has served as PI or Co-I on 28 research and/or training grants totaling more than \$10,000,000. He also has published 150 peer-reviewed manuscripts/book chapters and has presented 165 abstracts/invited lectures internationally.

---



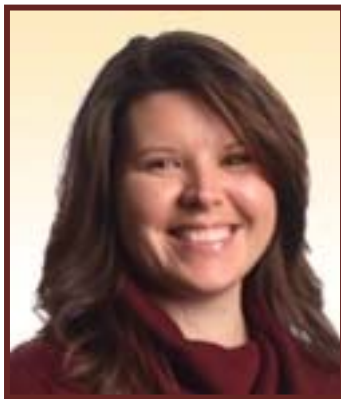
## **Palliative Care in Alternate Settings**

### ***Dr. Genevieve Thompson***

**Dr. Genevieve Thompson** joined the Faculty of Nursing in July, 2010 as an Assistant Professor. She acquired a PhD in Community Health Sciences from the University of Manitoba in 2007 after which she completed a Postdoctoral Fellowship with the Manitoba Palliative Care Research Unit. Dr. Thompson's research program is focused on the palliative and end-of-life care needs of older adults and their family caregivers who are living in long-term care. Her other research interests are palliative

care in non-cancer populations, evaluating quality of care, and the effect of care satisfaction on the health outcomes of bereaved family caregivers.

---



## **Advance Care Planning in the Winnipeg Health Region: It's All About Good Communication**

### ***Lisa Streeter RN, MN, CHPCN(c)***

**Lisa Streeter** works as a clinical nurse specialist with the Winnipeg Regional Health Authority Palliative Care Program. She is also a member of the clinical team that supports the Canadian Virtual Hospice ([www.virtualhospice.ca](http://www.virtualhospice.ca)), a national website that is dedicated to providing information and support to Canadians living with life-threatening illness and loss.



### ***Luana Whitbread RN, BSc, BN, MN GNC(c)***

**Luana Whitbread** currently works as a Clinical Nurse Specialist for the WRHA Personal Care Home Program. In her role as CNS, Luana provides clinical consultation, education and research on best practice related to geriatric concerns. She has a special interest in resident focused care, resident abuse and restraint use in long term care.



### ***Kathleen Klassen RN, MN, GNC(c)***

**Kathleen Klassen** is the Manager of Nursing Initiatives for the Winnipeg Regional Health Authority. In this role, she has played a lead role in the development and implementation of the WRHA regional policy on Advance Care Planning.

---



## **Elder Abuse - The Hidden Crime**

***John J. Ruban, AIIC, CCIB, CRM***

**John Ruban** has 30 plus years of General Insurance experience and currently holds the following two positions: CEO - Ruban Insurance Brokers Inc, and President - Proincon Ltd. (Professional Insurance Consulting).

His experience includes several years with the World's largest Commercial Insurance Brokerage, 5 years with Manitoba's largest General Provincial Agency, and 20 plus years of ownership and operation of his own General Insurance Brokerage. The Risk Management operation developed as a result of the Risk analyst requirements of larger commercial accounts and expanded in a major fashion 4 years ago to now serve over 120 clients nationwide.

John has taught many courses for the Insurance Institute of Canada and for the Insurance Brokers Association of Manitoba. John is married to Christine and they have 3 adult children and 2 wonderful grandchildren. He is actively involved in his local community church, a frequent participant in foreign missions trips and currently serves on the Board of Directors for Habitat for Humanity Manitoba.



***Barb Pocha, CIP***

**Barb Pocha**, is the Senior Production Underwriter with Western Regional office of Ecclesiastical Insurance. She has been in the insurance industry for over 30 years. She has represented Ecclesiastical Insurance at various conferences and presented seminars to customers including the Retirement Communities, Educational facilities; Faith organizations; Non Profit /Charitable organizations\*. Ecclesiastical Insurance is honoured to be invited by one of our Broker partners, Ruban Insurance to participate at this conference. Barb Pocha, of Ecclesiastical Insurance, will be presenting *Elder Abuse – The Hidden Crime*, in partnership with John Ruban of Ruban Insurance. Ecclesiastical Insurance

is a unique specialist insurer that seeks to advise and protect those who enrich the lives of others, owned by a Charitable Trust; our focus is providing high quality, value- added unique services in a tri-lateral approach to our customers through our professional broker network.



## **The Nerve to Serve, Say Hello to Humor & Goodbye to Burnout!**

***Jody Urquhart***

**Jody Urquhart** has been presenting her keynote addresses around the world for over 10 years. She is passionate about spreading the message of fun, and meaningful work. Annually she addresses over 40 organizations and associations, and is a top motivational keynote speaker.

Jody is author of the book All Work & No SAY and writes a syndicated column called the Joy of Work, which is published in over 40 magazines and trade journals. Her mission is to help individuals and organizations derive more meaning and satisfaction from their work.

Jody is a feature speaker for the GE Healthcare Tip-TV program broadcast in over 2600 healthcare facilities. Jody is the 2008 Bronze Winner of the 29th Annual Telly Awards for excellence in programming this presentation.



## What's Dignity Got To Do With It?

**Dr. Harvey Max Chochinov**

**Dr. Harvey Max Chochinov** is a Distinguished Professor of Psychiatry at the University of Manitoba and Director of the Manitoba Palliative Care Research Unit, CancerCare Manitoba. His seminal publications addressing psychosocial dimensions of palliation have helped define core-competencies and standards of end-of-life care. He holds the only Canada Research Chair in Palliative Care and is a member of the Governing Council of the Canadian Institutes of Health Research. He also chairs the CIHR's Standing Committee on Ethics. He did his undergraduate medical training and Psychiatric Residency at the University of Manitoba and completed a Fellowship in Psychiatric Oncology at Memorial Sloan-Kettering Cancer Center, New York, New York. In 1998, he

completed a PhD in the Faculty of Community Health Sciences, University of Manitoba.

Dr. Chochinov has been doing palliative care research since 1990 with funding support from local, provincial and national granting agencies. He is a grantee of the Canadian Institutes of Health Research, the National Cancer Institute of Canada and the National Institute of Health. His work has explored various psychiatric dimensions of palliative medicine, such as depression, desire for death, will to live and dignity at the end of life.

Dr. Chochinov has been a guest lecturer in most major academic institutions throughout Canada and United States; he has also lectured in South America, New Zealand, Australia, Europe, Cuba, Israel, China, Singapore, Taiwan and Japan. He is the only psychiatrist in Canada to be designated as a Soros Faculty Scholar, Project on Death in America. He is a recipient of the Queen's Golden Jubilee Medal and his provinces' highest honour, the Order of Manitoba, for his work in palliative care. He is the Chair for the Canadian Virtual Hospice, a Fellow of the Royal Society of Canada and a Fellow of the Canadian Academy of Health Sciences. He is the 2008 recipient of the National Cancer Institute and Canadian Cancer Society O. Harold Warwick Prize. In 2009, the University of Manitoba bestowed its highest research honor, the Dr. John M. Bowman Rh Institute Foundation Award. Dr. Chochinov is the 2010 recipient of the Lifetime Achievement Award from the Canadian Association of Psychosocial Oncology and has also received the 2010 International Psycho-Oncology Society's Bernard Fox Memorial Award, which recognizes an individual's outstanding contribution in education, research or leadership to the field of psycho-oncology. In addition to over 200 publications, he is the Co- Editor of the *Handbook of Psychiatry in Palliative Medicine*, published by Oxford University Press, and the Journal *Palliative and Support Care*, published by Cambridge University Press.



## Dealing With Difficult Behaviours Workshop

**Mike Labun**

**Michael Labun** has been a mediator and workshop facilitator since 1995. He was also a staff member at Mediation Services until February 2004. His past experience includes Human Resources at Palliser Furniture, Program Director at Manitoba Pioneer Camp, and working in the health care field. He has a Bachelor of Arts (Honours) with a major in Psychology, and a Certificate in Conflict Resolution from Resolution Skills Centre. He has worked with a wide variety of conflicts, including workplace disputes, customer/vendor disputes, neighbour disputes, parent/teen disputes, assaults, uttering threats, vandalism, and auto theft. Michael facilitates

many courses in Resolution Skill Centre's certificate program, and taught at the University of Winnipeg, Red River College, and the Assiniboine Community College. He has trained in the public sector and private sector, and for not-for-profit employees, Aboriginal Government and community groups.

Michael is also an elder with Winnipeg Centre Vineyard where he serves in an advisory/sounding board and support capacity. He and his wife have four young children.





### ***Sue Hemphill***

**Sue Hemphill** has been teaching conflict resolution, first as a life skills and vocational trainer, then as a practicing mediator for over twenty years. Sue completed the Diploma in Mediation in 1996 and has been mediating in a wide variety of settings since then, including mediating human rights disputes for the Manitoba Human Rights Commission while employed as a Human Rights Officer. Sue was on staff with Mediation Services for five years during which time she coordinated the Certificate Program and the Community Program. Sue has been involved in mentoring many local trainers and mediators over the years. Sue also

had advanced post-secondary training and certification as an Intercultural and Prejudice Reduction Trainer.

In addition to being a practicing mediator and conflict resolution trainer, Sue is an arts-based community developer with under-served and under-represented communities, developing programs and projects to increase access, equity and diversity. Sue also utilizes her background in conflict resolution as a foundation for the large-scale community consultations she designs and facilitates (often utilizing a team of Mediation Services trained facilitators). As well, she has extensive experience in fostering and managing multi-party collaboration projects and has developed a course on collaboration and was the co-author (with two practitioners in Saskatchewan) of the book, *Toolkit for Artist and Community Collaborations*. Sue currently works as an organizational and staff development consultant in both the private and public sector.



### ***Rick Schmidt***

**Rick Schmidt** began mediating in 1991, for Mediation Services' victim-offender reconciliation program, and opened his private mediation practice in 1995. In 1996, he left a successful family business partnership to pursue graduate studies and a full-time practice in conflict resolution. Since then, he has mediated in a broad range of conflict situations including workplaces, families, schools, neighbourhoods, businesses, arts groups, churches and other NGOs and public institutions.

He holds a Master of Arts in Conflict Resolution (Antioch University), a Diploma in Mediation (Mediation Services), a Certificate in Conflict Resolution (Mediation Services), an Associateship with the Insurance Institute of Canada, and a Bachelor of Science in Agriculture (University of Manitoba).

Rick's current involvement in the conflict resolution field is diverse. In addition to his work as a mediator and facilitator in private practice, he teaches conflict resolution (CR) studies at the University of Winnipeg (Menno Simons College), leads CR training workshops, and does CR consulting and private CR coaching for individuals in a great variety of situations. Rick's eighteen years as partner in a busy insurance brokerage have provided much of the experience that informs his teaching and CR practice. Since 1994, he has facilitated CR workshops for a variety of groups, in both urban and rural settings.

---