Age-Friendly Manitoba: Creating Age-Friendly People and Places

Long Term & Continuing Care Association of Manitoba
Annual Conference and Exhibition 2013
Supporting the Needs of an Aging Population

• Our aging population and is an achievement to celebrate.

• Increasing demand for home care, continuing care services and different types of housing.

In 2011, the first members of Canada’s baby boomer generation turned age 65. By 2015, seniors 65+ will outnumber youth. (CIHI)
Aging in Place

- Seniors prefer to remain in their own homes or community.
- Manitoba’s innovation in aging in place:
  - Home care
  - Primary caregiver tax credit
  - Senior support services
  - Aging in Place Long-Term Care strategy
Need for Preventative Lower-Cost Support Services

- Service-rich communities, home support, home maintenance programs have positive impacts on health.
In 2008, the Manitoba government announced its commitment to creating an Age-friendly province.
Supportive Environments

Supportive environments provide more opportunity to participate and be active in the community.
Age-Friendly Communities

Age-friendly communities encourage healthy active aging and promote the participation of older adults.
Age-Friendly Changes
Age-Friendly Communities Create Accessible, Safe Environments for Older Adults
Age-Friendly Communities Promote Respect and Inclusion

Positive benefits for all ages and opportunity for older adults to contribute and give back to the community.
What Does an Age-Friendly Community Look Like?

Policies, programs and services are designed to make it easier for older adults to stay active and healthy, and continue to contribute in their communities.

Key features of an age-friendly community

- pleasant, secure and physically accessible outdoor spaces and public buildings
- well-designed, affordable and secure housing choices
- well-maintained and accessible roads and walkways
- affordable and accessible public transportation
- secure neighbourhoods
- respectful relationships
- supportive health and community services
- opportunities to be socially active
- opportunities to participate in suitable volunteer, civic and employment positions
- information that is easy to access and understand
Age-Friendly Guides

Age-Friendly Rural and Remote Communities: A Guide

Global Age-friendly Cities: A Guide
Age-Friendly Milestones

MILESTONES:
- Community Engagement
- Municipal Council Resolution
- Action Plan
- Public Awareness
- Measuring Outcomes
Age-Friendly Across Canada and Around the Globe

Age-Friendly Collaborating Cities

**AMERICAS**
- Argentina, La Plata
- Brazil, Rio de Janeiro
- Canada, Halifax
- Canada, Portage la Prairie
- Canada, Saanich
- Canada, Sherbrooke
- Costa Rica, San Jose
- Jamaica, Kingston
- Jamaica, Montego Bay
- Mexico, Cancun
- Mexico, Mexico City
- Puerto Rico, Mayaguez
- Puerto Rico, Ponce
- USA, New York
- USA, Portland

**AFRICA**
- Kenya, Nairobi

**SOUTH-EAST ASIA**
- India, New Delhi
- India, Udaipur

**EASTERN MEDITERRANEAN**
- Jordan, Amman
- Lebanon, Tripoli
- Pakistan, Islamabad

**WESTERN PACIFIC**
- Australia, Melbourne
- Australia, Melville
- China, Shanghai
- Japan, Hiroshima
- Japan, Tokyo

**EUROPE**
- Germany, Ruhr
- Ireland, Dundalk
- Italy, Udine
- Russia, Moscow
- Russia, Tver
- Switzerland, Geneva
- Turkey, Istanbul
- UK, Edinburgh
- UK, London

**INTERNATIONAL INVITED SYMPOSIUM**

**AGE-FRIENDLY RURAL AND REMOTE COMMUNITIES AND PLACES**

The symposium brings together community leaders, policy makers, and others interested in developing innovative strategies for creating age-friendly rural and remote communities and places.

**PUBLIC FORUM**

Join us on Monday, October 15, 2012, for a forum on "The Future of Rural Sage: A Framework for Making Aging More Age-Friendly." The forum will be held at the Winnipeg Art Gallery, 300 Memorial Boulevard, 1–4 pm.

**Centre on Aging**
Conclusion

For more information, please contact:

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Age-friendly video